



PENDLE FOREST CYCLING CLUB NEWSLETTER - WINTER 2011

Dear Member,

First of all once again we must thank Angela for putting this newsletter together. Please take time to have a look through.

We must also give a special thanks to the event organizers this year. Danny and Ellen with the Circuit of Ingleborough, Margaret Roper who has been running the road race since the beginning of time and Vayle Sherriffs for the open 10 in August.

With cycling gaining popularity the club seems to be ride the wave of the sports success. The club runs are well attended even in the gotty cold winter weather. We have a number of new members amongst our ranks, Jayne Butterworth, Gary Harris, James Vintin, Bernhard Clayton, Peter Richins and Craig Smithson to name a few. Lets make them all welcome and do all possible to get some more newcomers involved.

One thing that has been a little less well attended has been the Evening League. As a result the committee has decided to run less evening time trials next year but will be look at running a few alternative events, if you have any ideas for alternative evening events bring them along to the AGM.

Tickets are now available for the club dinner, let me know if you would like to go and I will stick you on the list. The menu is on page 4. We have a guest speaker this year, as Cavendish was busy John Leach has offered to step in to the breach.

There are a few dates for your diary outlined in this news letter. Please try to attend as many as you can particularly the AGM, and bring along any ideas to boost the club in this Olympic year which will hopefully be another boost for the club.

I look forward to seeing you all out on the road soon.

Yours in sport,

Paul Whittaker

ANNUAL DINNER DANCE AND PRIZE PRESENTATION

on

Saturday, 28th January 2012

at

**'Nelson Golf Club',
Brierfield, Nelson**

Put on your best togs and come and join us
applaud our prize winners.

**Tickets are now on sale priced at £20.00 each
plus a small fee per person for bus (if required)
from our Secretary, Paul Whittaker
(See menu on page 4)**



CYCLE SPORT PENDLE **at Pendle Vale College Sports Campus**

Cycle Sport Pendle is a brand new initiative in Pendle introducing young people to cycle sport and safe leisure cycling. Based on the new Pendle Vale College sports campus in Nelson.

For more information visit their website:

www.cyclesportpendle.org.uk

or contact Martin Brass: 07891 927918

SATURDAY RUNS LIST 2011/12

Date	Destination	Time	Approx. Miles
26 Nov	Cracoe	9.30	50
3 Dec	Hebden Bridge	9.30	50
10 Dec	Feizor	9.30	50
17 Dec	Buffers, Nr Bolton Abbey	9.30	50
24 Dec	Christmas Run	TBC	TBC
31 Dec	Impromptu	TBC	TBC
7 Jan	NewYear 100 Fleetwood	8.00	100
14 Jan	Burnsall	9.30	55
29 Jan	Settle via Tosside	9.30	55

All runs start from Walton Lane, Nelson unless otherwise stated.

ANNUAL GENERAL MEETING

Tuesday, 24TH January 2012

at
Foulridge Club - 7.30 pm

All Welcome



Please try and join us to:

- Air your views, have your say
- Make a difference, its your club
- Pay your subs
- Anything for the Agenda please let Paul Whittaker know as soon as possible

**Have you visited
the Pendle Forest Cycling Club
Website Recently?**

Log onto
the new
Forum
and have a
chat

To view visit:
www.pendleforestcyclingclub.co.uk

**FORTHCOMING EVENTS****CHRISTMAS RUN**

Saturday, 24th December
Start 9.30 am Walton Lane

**DOWNHILL RACE**

Boxing Day
Start 11.00 am, and afterwards at
'The Admiral Lord Rodney', Colne.

ANNUAL GENERAL MEETING

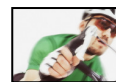
Tuesday, 24th January – Venue TBC – 7.30 pm – All Welcome

ANNUAL DINNER DANCE AND PRIZE PRESENTATION

Saturday, January 28th at the Nelson Golf Club

**BOXING DAY 2011**

The Pendle Forest Cycling Club Present

**THE
DOWNHILL RACE**

Start 11.00 am Black Lane Ends

and afterwards at
'The Admiral Lord Rodney'
Colne

for

Pie and Peas

THANK YOU

to
Paul Whittaker

AND

Craig Cowgill

**On behalf of the Evening League riders
and the Committee
for turning out each week (rain or shine) to
the evening events
without them the events would not happen**

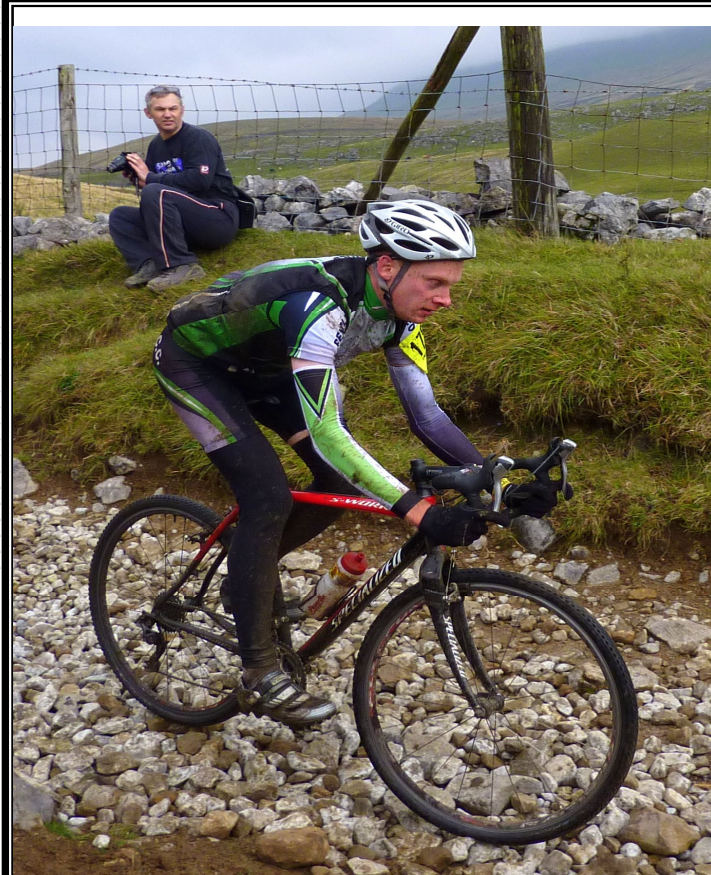
**PENDLE FOREST CYCLING CLUB
PROPOSED CLUB EVENTS 2012**

Date	Course	Time
12th April	Skipton 10	7.00 pm
26th April	Skipton 10	7.00 pm
10th May	Skipton 10	7.00 pm
24th May	Skipton 10	7.00 pm
7th June	Skipton10	7.00 pm
21st June	Skipton 10	7.00 pm
5th July	Skipton 10	7.00 pm
19th July	Skipton 10	7.00 pm
2nd August	Skipton 10	7.00 pm
16th August	Skipton 10	7.00 pm
30th August	Thornton 6.25	7.00 pm

Entry fee – £1.50 per ride

**All riders must be a member of a CTT
affiliated cycling club.**

**All riders under 18 years MUST provide a
completed parental consent form before starting.**



Alistair Jowett on his way to a fantastic 54th place in the Three Peaks
Cyclo Cross, Jonathan Boothman followed him in at 87th overall.

Details of Circuit of Ingleborough 2012

Saturday, 10th March 2012

Start 10am

HQ - Ingleton Community Centre, Ingleton

• Entries please on a CTT entry form to myself, with a
• cheque/PO for £7 made out to Pendle Forest Cycling
• Club:

- D Davies
- 16 Waverley Close
- Brierfield
- Nelson
- Lancs
- BB9 5HD

• If anyone has not ridden an event before or not ridden
• the Circuit of Ingleborough before and fancies a go,
• give me a ring and I will give you all the info you
• need. Phone
• number 01282 699918.

Pendle Forest Cycling Club Annual Dinner Menu**Chicken Liver Pate**

Enhanced with cream and brandy served with a cranberry and orange sauce and Melba toast

Fresh Salmon Terrine

Served on a winter leaf salad and garnished with prawns

Homemade Tomato and Basil Soup

Served with crusty roll and butter

~x~

Breast of Local Chicken

Wrapped in bacon and cooked and served in a classical Chasseur sauce

Shank of Lamb

Slowly roasted in a red wine and herb jus

Both served with a selection of seasonal vegetables

Mushroom Stroganoff

Served on a bed of rice with a salad garnish

~x~

Profiteroles

Filled with cream and served with warm chocolate sauce

Lemon Brulee Cheesecake

Creamy cheesecake with freshly squeezed lemon, topped with caramelised brown sugar served with whipped cream

Freshly brewed Coffee and Mints**Helen Mirren In Herriot Country?**

Novembers hostel weekend organized by Martin Brass took us deep in to the Dales, destination Grinton Lodge. We set off from the Langroyd for our first stop at Settle for a brew and bacon butty and to catch up the trips only lady, Linda.

After brew the rain set in, so it was all a bit grim over Newby Head and down in to Wensleydale and on to the lunch stop at the Kings Arms in Askrigg. This was the pub used as the Drovers in the BBC series All Creatures Great and Small, its walls are adorned with shots of the cast having a pint in the corner.

Suitably fed and more than suitably watered we set off up the steep climb via Crackpot (few of those amongst us) to Reeth and Grinton. Fortunately it was only a few miles over as by this time it was pretty wet.

The hostel is an old hunting lodge and the bike shed is an internally tiled building in which we guessed the game was hung after being gunned down by the toffs. It's a pretty good hostel, fantastic views over Swaledale, warm, has a bar and won't lock you out if you are unable to tear yourself away from the pub.

Within seconds of our arrival a lift had been arranged down to Reeth for grub and pub. A group of girls from a dating club had offered to make a few trips to get us all down. Mmm dating club offering us a lift, little did they know we were only interested in there Suzuki Swift and its ability to transport us to more beer. Later some of the gang decided one of the girls could be a stunt double for famous actress Helen Mirren, when we saw her again in the morning we decided the beer goggles were in good operational order.

The morning after we plodded over to Leyburn and back to civilisation and a mobile phone signal. Carls phone immediately lit up with bad taste jokes regarding the death of poor old Jimmy Saville. So off we rode into a block headwind over Park Rash our hopes of Jim fixing something for us shattered.

Lunch was at Kettlewell after a scary decent down the very steep bends of Park Rash. Then with tired legs we plodded back via Grassington and Gargrave, home. A thoroughly good weekend had by all, thanks for Organizing Martin!

Item	Cost	Qty
PFCC Subs	£15.00	

Name	
Address	
Post Code	
Tel	
email	

Please indicate if you can accept correspondence by e-mail

Cheques Payable to Pendle Forest CC